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**Healthy Kent 2020 Infant Health Implementation Team  
Perinatal Mood Disorders Coalition of Kent County**

**“Speak Up When You’re Down”**

Postpartum Depression DVD

5 minutes in length

Appropriate for Patient and/or Professional Education

Available in both English and Spanish

Cost is \$5.00 each

**To order:**

Contact the Coalition (616) 632-7281 or Spectrum Health (616) 391-2561